



LIFE SKILLS CLASSES

lunch provided 11:30am-1:00pm

FALL and WINTER SCHEDULE

September 2 Healthy Eating and Staying Physically Active

September 16 Healthy Eating on a Budget

October 7 Planning for the Holidays

October 21 Better Money Habits- Banking and Budgeting

November 4 Better Money Habits- Income and Paychecks

November 18 Better Money Habits- Spending and Saving

December 2 Internet Safety

December 16 Emergency Preparedness

All Classes Are Free and Open To The Public

Building 2 on 1st and 3rd Tuesdays at 11:30am 3606 McEver Rd, Oakwood, GA 30566